

*2001 Mental Health Consumer  
and Family Member  
Leadership Conference*



*Building Healing Communities*

April 12-14, 2001  
Regal Alaskan Hotel  
Anchorage, AK

*Hosted by National Alliance for the Mentally Ill of Alaska (NAMI)  
and Alaska Mental Health Consumer Web, Inc.*

# Building Healing Communities

## About the Conference

NAMI Alaska invites you to attend the 2001 Mental Health Consumer and Family Member Leadership Conference to be held at the Regal Alaskan Hotel, in Anchorage, April 12, 13, 14, 2001. This conference will give participants an understanding of the mental health system in Alaska and provide current information about leading edge treatment options, crisis intervention options, community and statewide leadership opportunities and advocacy, while working toward individual recovery goals. This conference is generally for consumers and family members who live with a severe mental illness. This year we are extending an invitation to several groups including those providers, case management and law enforcement, all of whom provide daily support services and interaction to people with mental illness and their loved ones.

## Keynote Speakers

**Dr. Kenneth Minkoff** views community psychiatry as an avocation and a passion. His major areas of expertise are dual diagnosis and public sector managed care. He has written extensively on integrated treatment approaches for dual diagnosis, including co-editing *Dual Diagnosis of Major Mental Illness and Substance Disorder* (1991). CEU's will be available for attendance to his keynote and breakeout (you must attend both). **Sam Cochran** is a 26 year career law

enforcement officer with the Memphis Police Department. He is the coordinator of specialized units: Crisis Intervention Team, Critical Incident Services. Major Cochran developed the Memphis CIT program which has become a national model for police crisis services pertaining to mental illness issues. Mj. Cochran has presented the CIT Program to numerous organizations and communities, including a presentation on national public radio and at the White House Conference on Mental Health. In 1999, he received an award from NAMI for services rendered in promoting sensitivity to mental health issues and crisis services. **Judy Chamberlain** is a psychiatric survivor and an activist since 1971 in the survivor/consumer/ex-patient movement. Judi is the author of *On Our Own: Patient-Controlled Alternatives to the Mental Health System*, originally published in 1978. Judi is affiliated with the Center for Psychiatric Rehabilitation at Boston University, where she has worked on numerous projects concerning self-help and empowerment. She is a co-founder and associate at the National Empowerment Center.

**Lodging:** The Regal Alaskan will host our conference with a special rate of \$74.00 plus tax for single occupancy and \$84.00 plus tax, double occupancy. They offer free airport shuttle service to the hotel and other sites. Call 1-800-544-0553 for reservations by April 5.



**Deadlines:** Scholarship requests must be received by **March 7, 2001**. All other registrations must be received by **April 7, 2001** for discounted rates.



## Tentative Agenda

All activities are held at the Regal Alaskan unless otherwise noted.\*

### Thursday, April 12, 2001

7:30-8:45 Breakfast  
9:00-11:30 Full Group Session  
Sam Cochran/Mental Health Panel  
11:30-1:00 Lunch  
1:00-2:30 Breakout Session I  
2:30-2:45 Break  
2:45-4:15 Breakout Session II  
7:00 Talking Circle, Nick Gonzales

Dinner on your own

### Friday, April 13, 2001

7:30-8:45 Breakfast  
9:00-11:30 Full Group Session  
Ken Minkoff/Judy Chamberlain  
11:30-1:00 Lunch  
1:00-2:30 Breakout Session  
2:30-2:45 Break  
2:45-4:15 Breakout Session  
4:15-5:00 Full Group/Raffle Draw

Dinner on your own

7:00 Talking Circle, Tony Brown

### Saturday, April 14, 2001

9:00-12:00 NAMI Annual Meeting

Fantastic DOOR PRIZES, QUILT RAFFLE, ARTWORK AND GREAT FUN! Send in your registration TODAY so you don't miss out!



# ***Building Healing Communities***

## **Conference Announcement and Registration**

**April 12-14, 2001**  
**Workshop Topics**

### ***Thursday, April 12***

- 1-Alaska Young Family Network
- 2-"Crisis Intervention", Sam Cochran (keynote speaker)
- 3-"Nurturing Independence", Judi Chamberlain (keynote spkr)
- 4-Navigating the System, Jean Steele
- 5-Current Events: API, etc., MH Panel
- 6-"Increased Advocacy thru Your Local Affiliate", Pat Kouris

### ***Friday, April 13:***

- 1-"Dual Diagnosis", Ken Minkoff (CEU's available, keynote speaker)
- 2-"Mental Health and the Law", Disability Law Center
- 3-Board Training, Jim Gottstein
- 4-Nurturing Independence, Judy Chamberlain (keynote speaker)
- 5-Native Healing, Bob Morgan
- 6-Living with Schizophrenia & Other Mental Illnesses, Beth LaCrosse

### ***Saturday, April 14***

NAMI Alaska Annual Meeting

**CEU's AVAILABLE for some topics!**

### **Deadlines**

**Registration** must be received by **April 7, 2001**, for discounts.  
**SCHOLARSHIP REQUESTS MUST BE RECEIVED BY MARCH 7, 2001.**

**2001 Mental Health Consumer and Family Member Leadership Conference**  
**Hosted by NAMI Alaska & AK MH Consumer Web, Inc.**

**NAMI Alaska**  
**144 W. 15th Avenue**  
**Anchorage, AK 99501**

<p>Non-Profit Org U.S. Postage PAID Anchorage, AK Permit #617</p>
---

*Registration information  
for the 2001 Mental Health  
Consumer and Family  
Member Leadership  
Conference Enclosed!*

**TO:**

*Registration deadline is  
April 7, 2001. Scholarship  
deadline is March 7, 2001,  
APPLY EARLY.*