# 2001 Mental Health Consumer and Family Member Leadership Conference



# Building Healing Communities

April 12-14, 2001 Regal Alaskan Hotel Anchorage, AK

Hosted by National Alliance for the Mentally III of Alaska (NAMI) and Alaska Mental Health Consumer Web, Inc.

# **Building Healing Communities**

#### **About the Conference**

NAMI Alaska invites you to attend the 2001 Mental Health Consumer and Family Member Leadership Conference to be held at the Regal Alaskan Hotel, in Anchorage, April 12, 13, 14, 2001. This conference will give participants an understanding of the mental health system in Alaska and provide current information about leading edge treatment options, crisis intervention options, community and statewide leadership opportunities and advocacy, while working toward individual recovery goals. This conference is generally for consumers and familiy members who live with a severe mental illness. This year we are extending an invitation to several groups including those providers, case management and law enforcement, all of whom provide daily support services and interaction to people with mental illness and their loved ones.

### **Keynote Speakers**

Dr. Kenneth Minkoff views community psychiatry as an avocation and a passion. His major areas of expertise are dual diagnosis and public sector managed care. He has written extensively on integrated treatment approaches for dual diagnosis, including co-editing Dual Diagnosis of Major Mental Illness and Substance Disorder (1991). CEU's will be available for attendance to his keynote and breakeout (you must attend both). Sam Cochran is a 26 year career law

enforcement officer with the Memphis Police Department. He is the coordinator of specialized units: Crisis Intervention Team, Critical Incident Services. Major Cochran developed the Memphis CIT program which has become a national model for police crisis services pertaining to mental illness issues. Mj. Cochran has presented the CIT Program to numerous organiations and communities, including a presentation on national public radio and at the White House Cofnerence on Mental Health. In 1999, he received an award from NAMI for services rendered in promoting sensitivity to mental health issues and crisis services. Judy Chamberlain is a psychiatric survivor and an activist since 1971 in the survivor/consumer/ex-patient movement. Judi is the author of On Our Own: Patient-Controlled Alternatives to the Mental *Health System,* originally published in 1978. Judi is affiliated with the Center for Psychiatric Rehabilitation at Boston University, where she has worked on numberous projects concerning self-help and empowerement. She is a co-founder and asssociate at the National Empowerement Center.

**Lodging:** The Regal Alaskan will host our conference with a special rate of \$74.00 plus tax for single occupancy and \$84.00 plus tax, double occupancy. They offer free airport shuttle service to the hotel and other sites. Call 1-800-544-0553 for reservations by April 5.



Deadlines: Scholarship requests must be received by March 7, 2001. All other registrations must be received by April 7, 2001 for discounted rates.



## **Tentative Agenda**

All activities are held at the Regal Alaskan unless otherwise noted.\*

## Thursday, April 12, 2001

7:30-8:45 Breakfast 9:00-11:30 Full Group Session Sam Cochran/Mental Health Panel 11:30-1:00 Lunch 1:00-2:30 Breakout Session I

1:00-2:30 Breakout Session 1 2:30-2:45 Break

2:45-4:15 Breakout Session II 7:00 Talking Circle, Nick Gonzales

# Dinner on your own Friday, April 13, 2001

7:30-8:45 Breakfast 9:00-11:30 Full Group Session Ken Minkoff/Judy Chamberlain 11:30-1:00 Lunch

1:00-2:30 Breakout Session

2:30-2:45 Break

2:45-4:15 Breakout Session

4:15-5:00 Full Group/Raffle Draw

Dinner on your own 7:00 Talking Circle, Tony Brown

Saturday, April 14, 2001

9:00-12:00 NAMI Annual Meeting

Fantastic DOOR PRIZES, QUILT RAFFLE, ARTWORK AND GREAT FUN! Send in your registration TODAY so you don't miss out!

# **REGISTRATION FORM & RATES**

Full Conference:	Member	Non-Member		
Early Bird	\$95	<b>\$</b> 120	Postmarked by 4/7/2001	
On Site	<b>\$</b> 120	<b>\$</b> 145	After 4/7/2001 mailed or on s	site
Consumer	<b>\$60</b>	<b>\$75</b>		
Day Rates(Thursday or Fr	iday Only) 🔲\$50	<b>□</b> \$75	Onsite Registration, add \$20 p	per day
(Consumer/Family Day F	Rate) \$35	<b>□</b> \$50	Postmarked by 4/7/2001	
· · ·	•		se meals you MUST purchase a tick	et.
	\$20 Breakfast	Luncheon \$25		
(Both these meals are incl	uded in the full Confere	ence Registration fee)		
registration fee to make ye	ou a member of NAMI  No Important No il 7, you must register o	. Check NO if you do a te: Mail-in registrations on site or fax with credit	mily or \$40 for Professional) of you not want to become a member of Namust be postmarked by April 7, 200 card payment only.	JAMI.
First Name	MI	Last Name		
Mailing Address		City	Zip	
Phone	Fax		E-mail	
Enclosed is my check for S	\$Bill	my :(circle one) Vi	sa Mastercard	
account Number: Expiration Date:				
Authorized Amount: \$ Authorized Signature: Return completed registration form with fee or a scholarship request to:  NAMI Alaska, 144 W. 15th, Anchorage, AK 99501 For more information call: 907-277-1300 or 1-800-478-4462				
Scholarship Application  You must attach a statement that explains why you are interested in attending this conference. Beyond				
your personal expectations, how do you plan to further the goals of quality mental health services in your				
community? Scholarship requests must be postmarked by March 7, 2001. Scholarships for Anchorage				
•	pril 1. Please check all	that apply: I am a N	AMI member. 🗖 I am not a NAM	/II
member.		□ <b>l</b> r 0 11 1		
☐ I am a mental health consumer. ☐ I am a family member of a mental health consumer.				
☐ I live on a fixed income and can not attend without assistance. ☐ I have NOT attended before.				
City you are traveling from:				
What kind of assistance do you need: Airfare Mileage Lodging Meals Anchorage Transportation				
Please indicate your preference of rooms:  Smoking Non-Smoking				
Please indicate if you require special accommodations to attend this conference and specify your needs:				

# **Building Healing Communuties**

# **Conference Announcement and Registration**

April 12-14, 2001 Workshop Topics

### Thursday, April 12

- 1-Alaska Young Family Network2-"Crisis Intervention", Sam
- 3-"Nurturing Independence",

Cochran (keynote speaker)

- Judi Chamberlain (keynote spkr) 4-Navigating the System, Jean Steele
- 5-Current Events: API, etc., MH Panel
- 6-"Increased Advocacy thru Your Local Affiliate", Pat Kouris

### Friday, April 13:

- 1-"Dual Diagnosis", Ken Minkoff (CEU's availiable, keynote speaker)
  2-"Mental Health and the Law",
  Disability Law Center
  3-Board Training, Jim Gottstein
  4-Nurturing Independence, Judy
  Chamberlain (keynote speaker)
  5-Native Healing, Bob Morgan
  6-Living with Schizophrenia &
- NAMI Alaska Annual Meeting

Saturday, April 14

# **CEU's AVAILABLE for some topics!**

### **Deadlines**

Registration must be received by April 7, 2001, for discounts. SCHOLARSHIP REQUESTS MUST BE RECEIVED BY MARCH 7, 2001.

2001 Mental Health Consumer and Family Member Leadership Conference Hosted by NAMI Alaska & AK MH Consumer Web, Inc.

Other Mental Illnesses, Beth

LaCrosse

NAMI Alaska 144 W. 15th Avenue Anchorage, AK 99501

Registration information for the 2001 Mental Health Consumer and Family Member Leadership Conference Enclosed!

Registration deadline is April 7, 2001. Scholarship deadline is March 7, 2001, APPLY EARLY. Non-Profit Org U.S. Postage PAID Anchorage, AK Permit #617

TO: